

*Achievements, Lessons
Learned , Constrains & Benefits
of MCH HB*



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Achievement ♪

- First hand book in Arabic language. It is a comprehensive one. It is the first in the region.

Lessons Learned

- The high political commitment was the best lesson learned in order to have successful implementation to any project.♪
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- Local training could give the same results as well as abroad training .♪
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- International consultant should be aware of the country's culture and believes. Like Japanese experts.♪
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- Giving more flexibility and authority to mid level staff.♪
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- Coordinating with different UN agencies, NGOs and donors should give better results and avoid any duplications. ♪

Constrains♪

1. Involving the high policy makers in many meetings.♪
2. Not considering the involvement of the policy makers in many other important activities which also considered priorities for MOH.♪
3. Involving private sectors in the implementation of the Handbook and providing them with the incentives needed.♪
4. Coordination with MOE to make the Handbook an official document for school entry. ♪
5. Coordination with nursing schools, medical schools. High schools concerning the introduction of this Handbook in the curriculum.♪
6. Involvement of secondary health care in the implementation of the booklets. ♪

Benefits of MCH Hand book in Palestine ♪

1. Reduce maternal morbidity & mortality.(in 2010, 32/100,000 – 2015, 15.7/100,000)♪
2. Reduce infant and under five morbidity and mortality(Infant in 2010 18.8/1000 – 2015 10.9/1000)(under five 2010 17/1000– 2015 14/1000) .♪
3. Involving fathers and families is MCH care at home.♪
- 4.The continuity between maternal care and child care.♪
5. Home based record kept by parents.♪
6. Prevent duplication in treatment and services .
7. Health education material .♪
8. Community a wariness and mobilization .♪
9. Users preference and satisfaction . ♪

Content of Palestinian MCH Hand Book for pregnancy ♪

1. Family identification ♪
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2. Previous history of pregnancy. ♪
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3. Pregnant woman antenatal care. ♪
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4. Risk assessment. ♪
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5. Delivery information. ♪
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6. Post partum care. ♪
♪
7. Family planning ♪
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8. Nutrition. ♪
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9. Health education messages. ♪

Contents of Palestinian MCH hand book for infant & child

1. Child identification.
2. New born baby.
3. Baby through child hood (age 1 month up to 5 years).
4. How to treat common child hood illnesses at home.
5. What are the signs of a sick child?
6. When should a child be taken to the health services facilities?

7. What emergency medicine should be provided at your home?♪



8. Health monitoring card.♪

9. Records of the child health service♪

* Neonatal examination. ♪

* Immunizations status. ♪

* Vitamin A & D. ♪