

**Workshop 2:**  
**Promotion of the MCH Handbooks  
for Marginalized Populations**

Facilitators:

Dr. Dinh Thi Phuong Hoa

Dr. Azusa Iwamoto

# Bangladesh

## Mobile-health tool to improve maternal and neonatal health care in Bangladesh

- Syed Emdadul Haque
- To assess the effects of health awareness through mobile phone contact highlighted MCH handbook context in Bangladesh
- Using the mobile phone to aid the required and suggested services of the MCH Handbook to improve MCH indicators

# Japan

## **MCH Handbook for Children with Disabilities**

- Akemi Bando
- Provide early intervention to families with children with disabilities
- Provide knowledge to family and medical providers and health volunteers
- Modification of awareness and behavior
- Use of MCH handbook well, visit health facilities for antenatal care, etc.

# Learnings from Vietnam

## Easy to understand contents/forms

- Low educational attainment
- Referring to Vietnamese MCH Handbook
- Use of color-coding (Normal data in white and not normal data in yellow)

# Learnings from Japan and Vietnam

## Children with Disability

- **Common MCH Handbook and Little Baby Handbook**
- Disappointment with the use of MCH Handbook (due to comparisons with a normal child)
- Page to write mental and physical development, not to be compared with normal development
- Experienced mothers comments to introduce their comment

## Efforts of developing Sub MCH Handbooks

- Mikan-Gumi – develop MCH handbook suitable for children sharing the same experience

# **MCH Handbook and...**

## **Common MCH Handbook PLUS**

- Sub MCH Handbook for LBW
- Sub MCH Handbook Down Syndrome
- Sub MCH Handbook Cerebral Palsy

# Japan

## Health Handbooks for patients with mental disorders

- Hiroto Ito
- Mental illnesses
- Schizophrenia, Dementia, Development Disorders

# Schizophrenia

## Patient Notebook

### Crisis Planning

- SOS Sign (noticeable to patients themselves)
- Alarming signs noticeable to others on my crisis
- What I want someone to do for me
- What I do not expect



# Dementia

- Kumamon Notebook
- Health notebook
- Coversheets of Regional Clinical Pathways for Dementia
- Communication tool for psychiatrist, PHC physician, dentist PLUS patient and family

# Development Disorders

- International Forum on Patient/Family Held Record
- MCH Handbook to adolescent and adult with development disorders

# Learnings

- Taken over the next generation (mom to daughter)
- Next stage of care (for healthcare providers)
- Life-course system

# Philippines

## Maternal and Child Health Handbook and the Indigenous Mothers and Children in the Philippines

- Calvin de los Reyes
- Difficulty of involving MCH handbook among the indigenous peoples in some countries
- Some success stories

# Philippines

- Make services available to the indigenous populations
- In planning, designing or developing of any health interventions directed among indigenous communities, it is of great value to maintain community participation.
- Improving health among IP will mean mainstreaming their rights into the local policies, as well as devising some specially-adapted programs to overcome the numerous barriers they face.
- Ensure that health services are extended to the more remote geographical areas and are culturally sensitive.

# Japan

## MCH handbook in Japan and the issue to be solved

- Keiko Nanishi
- Various people engaged with MCH Handbook
- Tool for service integration
- Low lost rate because of the value mothers give to their handbooks

# Japan

## Issues

1. There are people who do not appear to regular MCH services
  - hide pregnancy, reluctant to report, do not know the system) – NGO help is necessary
2. Child-rearing anxieties and child abuse
  - Child abuse
  - Non shown-up for MCH handbook is a risk group
  - Number of consultation about child-rearing anxiety is also increasing
3. **Child poverty**
  - Early Detection and early intervention for child poverty

# Japan

- MCH handbook has been used as a tool to integrate interventions
- Women and child centered tool for Continuum of Care in MCH
- Broader scope of issues especially child welfare issues to be tackled.
- **There are attempts to link MCH handbook and relating services to child welfare.**



# Ghana

## Continuum of Care Card

- Dokurugu Abdul-Razak Isaac
- Facilitates communication between providers and women
- Ensure Mothers and Babies Regular Access to Care (EMBRACE)
- Mother and Health worker share Mother and baby's information
- Has easy-to-see pictorial messages
- Help women with a low level of education and literacy
- Facilitates communications between providers and women, within family

# Workshop Session:

## 1. “Who are the vulnerable?”

- Identify who the vulnerable are
- Identify their needs
- Respond to their needs
  - MCH Handbook designed to meet their needs
- Empowering vulnerable groups
- Health in the hand of the people
- Marginalized mother received the handbook and became confident in taking care of their children

# Workshop Session:

## 2. Appropriate technology

- Offline and online media tool
- Offline – MCH Handbook

## 3. Suggested approaches on extending the MCH handbook

- Expand and scale-up and then cater with more specific groups
- Focus on ethnic minorities group first (but financially challenging)
- How to distribute through other avenues apart from the local health service centers

## 4. Potential of MCH Handbook in addressing more specific needs

- Design involving stakeholders to best cater to their needs
- Population approach
- High-risk approach and situation approach (Potential to see risks at an early stage)

# Points to consider:

- Increasing access, making the MCH and necessary needs readily available.
- MCH Handbook is a tool, but not the ONLY solution
- Sensitive to need of the vulnerable groups
- Development of sub-books to meet these needs
- Design involving clients/stakeholders to best cater to their needs