

Workshop Session 3: To ensure the sustainable MCH Handbook Program

10th International Conference on Maternal and Child Health Handbook

November 24, 2016

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Presenter 1 (Thailand)

- 30 years of experience in MCH Handbook in Thailand
- MCH Handbook
 - 1985: Dept. of Health, Min. of Public introduced MCH Handbook (4 pages received during ANC)
 - 1992/1994: guideline for predicting a high risk pregnancy included in MCH Handbook
 - 1999: Birth certificate included in MCH handbook
 - 2002: revision to include self-care
 - 2010: Multi-language versions
 - Reflected the voice from the minorities
 - Current book: (100 pages, including records for pregnant women, records for health workers)
 - Updated every 2-3 years

Presenter 1 (Thailand)

- Challenges

- Low MCH Handbook utilization
- Less access to ANC among migrant population
- Various edition o MCH Handbook coexisted
- To integrate MCH Handbook and School booklet

- Strategy

- Use MCH Handbook to reduce MMR
 - Promotion of early ANC, registration by pink books
 - Identification and risk management for high risk pregnancy

Presenter 2 (Indonesia)

- 1994: MCH Handbook started
- 1998: National Coverage
- 2009: Management guidebook
 - To ensure standardization and sustainability
- Activities
 - Procurement and distribution to ensure that women actually receive it
 - Orientation and Socialization among health workers
 - Through integration of MCH Handbook training into the curriculum
 - Improvement of coverage toward private facilities

Presenter 2 (Indonesia)

- What's sustainability
 - Cannot go fast / cannot go slow for sustainability
- Goal: MCH, not the sustainable MCH Handbook
- For sustainability
 - Monitoring and evaluation
 - For further follow-up planning
 - Integration of MCH Handbook training into routine health workforce training program

Discussion and summary

- Clear Goal setting
 - Goal is MCH, not MCH handbook itself
- Institutionalization
 - Legislative framework on MCH Handbook
 - Top-level commitment
 - Coordination and integration with insurance scheme and health service provision
 - Integration into health workforce training
- Support from users
 - Clear benefit from MCH Handbook
 - Friendly to marginalized and minority population
 - Friendly to users at health facility
- Continuous monitoring and revision
 - Inclusion of new and emerging topics
 - Monitoring and evaluation; Evidence-base to gain buy-in